

**26<sup>th</sup>** FERTILITY TREATMENT,  
DONOR CHOICES  
AND ADOPTION  
**CONFERENCE**

SATURDAY, NOVEMBER 2, 2019  
8:00AM - 5:00PM



**2019 Keynote Speaker:**  
**CHLOE MELAS**

Chloe Melas is an entertainment reporter for CNN, covering all things entertainment and Hollywood for the network across platforms. She is also an infertility warrior, dedicated to building awareness and community for those struggling to build their families.

In addition to her breaking news coverage of the entertainment industry, Melas has done extensive reporting in the #MeToo era, reporting exclusively on sexual harassment and misconduct allegations on high profile figures, including Kevin Spacey, Harvey Weinstein, and Morgan Freeman.

Before joining CNN, Melas spent nearly seven years at HollywoodLife where she was a senior entertainment reporter. She launched the site in 2009 with Bonnie Fuller. In 2013, Chloe became one of the co-hosts of VH1's hit morning show, The Gossip Table. And prior to HollywoodLife, she was a News Assistant for CNN.

Melas is a graduate of Auburn University where she majored in Radio, TV & Film. She grew up in both Dallas, TX, and Atlanta, GA and currently resides in Manhattan with her husband and sons.



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Verve Crowne Plaza Hotel  
1360 Worcester Street  
Natick, MA 01760

**JOIN US FOR THE LARGEST EDUCATIONAL  
FAMILY BUILDING CONFERENCE IN THE COUNTRY**

EMPOWER YOUR DECISIONS ON YOUR PATH TO PARENTHOOD  
EXPLORE YOUR NEXT STEPS AND GET YOUR QUESTIONS ANSWERED

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# 26<sup>th</sup> FERTILITY TREATMENT, DONOR CHOICES AND ADOPTION CONFERENCE

8:00 AM – 8:45 AM	Registration & Explore Exhibits
8:45 AM – 9:20 AM	Keynote Address Keynote Speaker: Chloe Melas, CNN Entertainment Reporter
9:30 AM – 10:45 AM	Session A
10:45 AM – 11:30 AM	Morning Break and Visit Exhibits
11:30 AM – 12:45 PM	Session B
12:45 PM – 1:45 PM	Lunch and Visit Exhibits
1:55 PM – 3:10 PM	Session C
3:10 PM – 3:40 PM	Afternoon Break and Visit Exhibits
3:40 PM – 5:00 PM	Session D
5:00 PM	Closing and Raffle Winners Announced

## REGISTER ONLINE NOW: RESOLVENEWENGLAND.ORG/CONFERENCE

Financial scholarships available to cover 50% of fees from the Lisa Fenn Gordenstein Scholarship Fund.  
FOR MORE INFORMATION: [resolvenewengland.org/scholarship](http://resolvenewengland.org/scholarship)

## CONFERENCE FEES

(Includes Breakfast & Lunch)  
\$169 (one person)  
\$229 (two people)  
A household membership is included in conference registration.

## ON-SITE REGISTRATION

\*\$30 Late Registration Fee added to all Conference Fees  
\*Lunch NOT Guaranteed

**T: TREATMENT**  
**A: ADOPTION**  
**D: DONOR CONCEPTION**  
**S: SURROGACY**  
**E: EMOTIONAL HEALTH**  
**C: COMPLEMENTARY**

## SESSION A

9:30 AM - 10:45 AM

### Infertility 101 T

This session will help you understand various aspects of fertility treatment, including the infertility workup; how to interpret results; medications; new treatment options; and how to assess your next steps. **Presented by:** *Emily Seidler, MD, Boston IVF*

### Preparing the Way for Egg Donation T, D

This workshop provides a medical overview of the egg donor process, including donor screening, coordinating the donor with the recipient, known and anonymous donors, and the use of frozen eggs rather than fresh. **Presented by:** *Rachel Ashby, MD, and Allison Ruhe, PA, Brigham & Women's Hospital*

### Changes in Endometriosis Paradigms: Ending 90 years of Medical Harm and Social Injustice T

Despite the prevalence of endometriosis, patients continue to suffer long delays in diagnosis and effective treatment. These barriers to care intensify the medical and psychological challenges of the disease. This workshop will share current information about endometriosis, allowing participants to direct effective management and treatment. **Presented by:** *Malcolm "Kip" Mackenzie, MD, Mount Auburn Hospital*

### Overview of Domestic Infant Adoption A

Experienced adoption agency professionals will help attendees learn about how to adopt babies through private adoption. The session will include the home study process, preparation of the adoptive family's profile, options for outreach & matching, open adoption, trans-racial adoption, and costs. **Presented by:** *Karen Cheyney, JD, LSWA, Bright Futures Adoption Center and Betsy Hochberg, LICSW, Adoption Resources*

### Surrogacy: Practice and Legal Matters D, S

This workshop provides an overview on how to locate a suitable gestational carrier, the differences between traditional surrogacy and gestational surrogacy, financial issues including insurance coverage, as well as legal matters. **Presented by:** *Bruce Hale, Esq., Modern Family Law and Gina-Marie Madow, Esq., Circle Surrogacy and Egg Donation*

### Reset for Fertility C

In this interactive workshop we'll talk about how dietary changes impact fertility and how mind-body techniques reduce stress and improve your outlook. Each participant will leave with a copy of the 3-Day Fertility Reset, which includes daily email support. **Presented by:** *Jennifer Redmond, Integrative Nutrition Coach*

## SESSION B

11:15 AM - 12:45 PM

### Talking About Male Fertility T

This session will provide a comfortable atmosphere where male fertility issues can be addressed and questions answered. It will include an overview of the most common male fertility testing. **Presented by:** *Steve Lazarou, MD, FACS, Lazarou Urology Associates*

### Diminished Ovarian Reserve T

This workshop will explain the meaning of diminished ovarian reserve—a frequent finding in women who are undergoing treatment for infertility—including how it is determined, and what treatment options are appropriate for women who have it. **Presented by:** *Samuel Pang, MD, Boston IVF*

### Overview of Foster Care Adoption A

This session will provide an overview of the process of adopting through the foster care system, including how it differs from other types of adoption, requirements of prospective parents, who the waiting children are, and the supports available to families. **Presented by:** *Bridget Chiaruttini, LICSW, Massachusetts Adoption Resource Exchange*

### Overview of International Adoption A

An international adoption specialist will provide an in-depth discussion about adopting internationally, as well as the latest information on changes in policy and process. Topics will include the factors in choosing a country and the realities of trans-racial and trans-cultural adoptions. **Presented by:** *Ava Sarafan, LICSW, Wide Horizons for Children*

### Navigating the Egg Donor and Surrogacy Agency World D, S

When someone is given the diagnosis of needing an egg donor and/or gestational carrier, they often leave the fertility clinic clutching a sheet of paper with a list of agencies. How do you know which agency is best for you, and what are strategies for finding the best egg donor and/or surrogate for your family? How do you know who to trust? This session will highlight strategies for making these important decisions. **Presented by:** *Michelle Laurie, MSc, SRM, Donor Concierge*

### Supporting Fertility with Acupuncture and Natural Health C

This session will give you tools to optimize your hormonal health in order to best support fertility. We'll discuss fertility focused nutrition before looking at the role that supplements play, how to choose the best products and how they work. Finally, we'll cover how acupuncture and Chinese Medicine can regulate menstrual cycles and why that's important when you're trying to conceive. You'll leave with clear, easy to implement action steps to support health and fertility, no matter where you are on your journey. **Presented by:** *Angela Bell, LAc, Angela Bell Acupuncture*

## SESSION C

1:55 PM - 3:10 PM

### Navigating an IVF Cycle T

Attendees will learn all about an IVF cycle, including the "typical" process, how to manage the unexpected, and strategies for making care accessible financially. **Presented by:** *Eden Cardozo, MD, Women & Infants Hospital, and Alison Zimon, MD, CCRM Boston*

### Strategies for a Healthier You and a Healthier IVF T, C

This session will explore various ways to optimize your fertility and your treatment, including healthy nutrition and other lifestyle changes. **Presented by:** *Mark Hornstein, MD, Brigham and Women's Hospital*

### Adoptive Family Panel A

Adoptive parents share their stories, including how they made decisions along the way and advice they feel is important to share with others. **Moderated by:** *Elizabeth Donalds, Pys.D, private practice*

### Egg & Embryo Donation: Choosing a Donor & Securing Your Parental Rights D

This workshop will give insight into the people who donate their eggs or embryos, as well as provide an overview on how to select the right donor for you and your unique needs. It will also address financial issues and the important steps you must take to ensure your parental rights. **Presented by:** *Chrissy Hanisco, Esq., The Stein Law Firm, PLLC and Sheryl Steinberg, Fertility SOURCE Companies*

### "How Am I Going to Pay for This?" C

Many individuals and couples struggle to pay for fertility treatment and other paths to parenthood. In this panel discussion, you will gain tools, tips, and encouragement related to funding your family building. **Presented by:** *Davina Fankhauser, Fertility Within Reach; Tracey Grady, AGC Scholarship Fund; and Carmela Rea, EggFund*

### "What I REALLY Need Is..." E

It can be a challenge to navigate your life while struggling to build your family. Trying to balance your physical and emotional needs with relationships and day to day obligations can be overwhelming. In this workshop, you will learn how to identify exactly what you need in the key areas of your life (physically, emotionally, relationships and the workplace). You will leave with skills and strategies that will help you to get the things you need to take care of yourself. **Presented by:** *Katie Lynch, LICSW, psychotherapist in private practice, writer and podcast host*

## SESSION D

3:40 PM - 5:00 PM

### Coping with Negative Outcomes: How to Navigate Next Steps T, E

This workshop will cover how you and your providers can evaluate reasons why IVF cycles may not work, how and when to seek advice for future treatments, and how to process suggestions for coping emotionally. **Presented by:** *Abby MacDonald, LICSW, private practice and Aaron Styer, MD, CCRM Boston.*

### Exploring Adeno T

Adenomyosis is the presence of endometrial glands and stroma found within the muscular portion of the uterine wall. Typical symptoms associated with this chronic disease are painful menses and heavy bleeding. Adenomyosis can also be associated with infertility and pregnancy loss. Managing adenomyosis in patients trying to conceive or undergoing fertility treatment requires adequate evaluation and discussion of treatment options. This workshop will include identifying symptoms, risk factors, diagnostic modalities, potential comorbidities, as well as treatment strategies available to help optimize pregnancy outcomes and improve quality of life for patients suffering with adenomyosis. **Presented by:** *TBD*

### Adoption Law in New England A

When you are building your family through private adoption, the legal aspects are critical for all involved. If this is new to you, you are not alone and this is the workshop for you! Experienced adoption professionals will provide an overview of the legal process of private adoption in New England and answer your questions. **Presented by:** *Lisa Marino, Esq., Wilson, Marino & Bonnevie, P.C., and Molly Reynolds, M.Ed, LICSW, Full Circle Adoptions*

### Donor Conception & Surrogacy Parents Panel D, S

A panel of parents who built their families through donor conception and/or surrogacy will share their experiences and answer questions. **Moderated by:** *Alicia Abdella, LICSW, Circle Surrogacy and private practice*

### Find Your People E

Have you wondered what a Resolve New England support group is like? Do you want to connect with other people who GET IT? Do you want a safe space to process the emotions of the conference day? Wherever you are in your family building, you are welcome at this session, which will be facilitated by experienced RNE peer group leaders. **Led by:** *Barb Luciano and Emily Lindblad, Three Birds Family Education & Postpartum Care*

### It's Possible: Thriving Instead of Surviving Infertility C, E

Infertility can be one of the most stressful experiences in life. You can literally not recognize yourselves at certain points during your fertility journey. Attendees will learn about and try out some tools (including timed meditation, chair yoga and simple answers to nosy questions!). This interactive workshop will be a relaxing way to end the day and help you thrive during this challenging time instead of simply surviving. It IS possible! **Presented by:** *Lisa Rosenthal, Reproductive Medicine Associates of Connecticut, and Founder of Fertile Yoga and Ladies Night In*

OVER 25 FAMILY BUILDING EXHIBITORS

Excellent raffle prizes

Connect with others who "get it"

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