JOIN US FOR THE LARGEST EDUCATIONAL FAMILY BUILDING CONFERENCE IN THE COUNTRY

EMPOWER YOUR DECISIONS ON YOUR PATH TO PARENTHOOD
EXPLORE YOUR NEXT STEPS AND GET YOUR QUESTIONS ANSWERED

REGISTER ONLINE TODAY AT RESOLVENEWENGLAND.ORG/CONFERENCE

SATURDAY, NOVEMBER 2, 2019
8:00AM – 5:00PM

VERVE CROWNE PLAZA HOTEL
1360 WORCESTER STREET
NATICK, MA 01760

2019 Keynote Speaker:
CHLOE MELAS

Chloe Melas is an entertainment reporter for CNN, covering all things entertainment and Hollywood for the network across platforms. She is also an infertility warrior, dedicated to building awareness and community for those struggling to build their families.

In addition to her breaking news coverage of the entertainment industry, Melas has done extensive reporting in the #MeToo era, reporting exclusively on sexual harassment and misconduct allegations on high profile figures, including Kevin Spacey, Harvey Weinstein, and Morgan Freeman.

Before joining CNN, Melas spent nearly seven years at HollywoodLife where she was a senior entertainment reporter. She launched the site in 2009 with Bonnie Fuller. In 2013, Chloe became one of the co-hosts of VH1’s hit morning show, The Gossip Table. And prior to HollywoodLife, she was a News Assistant for CNN.

Melas is a graduate of Auburn University where she majored in Radio, TV & Film. She grew up in both Dallas, TX, and Atlanta, GA and currently resides in Manhattan with her husband and sons.
**SESSION A**
9:30 AM - 10:45 AM

**Infertility 101**
T, D
This session will help you understand various aspects of fertility treatment, including the testing involved; how to interpret results; medications; new treatment options; and how to access your next steps. Presented by: Emily Smolen, MD, Boston IVF

**Preparing the Way for Egg Donation**
T, D
This workshop provides a detailed overview of the egg donation process, including donor screening, coordinating the donor with the recipient, known and anonymous donors, and the use of frozen eggs rather than fresh. Presented by: Rachel Arbo, MS, and Allison Rule, PA, Brigham & Women's Hospital

**Changes in Endometriosis Paradigms:**
Ending 90 years of Medical Harm and Social Injustice
T
Despite the prevalence of endometriosis, patients continue to suffer long delays in diagnosis and ineffective treatment. These barriers to care intensify the medical and psychological challenges of the donor. This workshop will share current information aimed at endometriosis, allowing participants to directly effect management and treatment. Presented by: Melanie "Kip" Messori, MD, Mount Auburn Hospital

**Overview of Domestic Infant Adoption**
A
Experienced adoption agency professionals will help attendees learn about how to adopt babies through private adoption. The session will include the home study process, preparation of the adoptive family profile, options for outreach & matching, open adoption, trans-racial adoption, and costs. Presented by: Karen Oreyen, JD, LCIW, Brighter Futures Adoption Agency and Beth Ryckietz, LICSW, Adoptive Resources

**Surrogacy: Practice and Legal Matters**
C
This workshop provides an overview on how to locate a suitable gestational carrier, the differences between traditional surrogacy and gestational surrogacy, financial issues including insurance coverage, as well as legal matters. Presented by: Bruce H. Mao, Esq., Modern Family Law and Glow-Meet Making, Egg, Circle Surrogacy and Egg Donation

**Reset for Fertility**
C
In this interactive workshop we’ll talk about how dietary changes impact fertility and how real body techniques make sense and improve your outlook. Each participant will leave with a copy of the 3-Day Fertility Reset, which includes daily email support. Presented by: Jennifer Anderson, Integrative Nutrition Coach

**SESSION B**
11:35 AM - 12:45 PM

**Talking About Male Fertility**
T
This session will provide a comprehensive overview of male fertility issues that can be addressed and questions answered. It will include an overview of the most common male fertility testing. Presented by: Steve Laurant, MD, FACS, Laro Ashe Diagnostic

**Diminished Ovarian Reserve**
T, D
This workshop will explore the meaning of diminished ovarian reserve— a frequent finding in women who are undergoing treatment for infertility—including how it is determined, and what treatment options are appropriate for women who have it. Presented by: Gernan Pang, MD, Boston IVF

**Overview of Foster Care Case Adoption**
A
This workshop will provide an overview of the process of adopting through the foster care system, including how it differs from other types of adoption, requirements of prospective parents, the waiting children and the supports available to families. Presented by: Bridget Chemock, LCAS, Massachusetts Adoption Resource Exchange

**Overview of International Adoption**
A
An international adoption specialist will provide an overview of adopting internationally, as well as the latest in foreign changes in policy and processes. Topics will include: factors in choosing a country and the realities of trans-racial and trans-cultural adoptions. Presented by: Anca Geava, LICSW, Wide Horizons for Children

**Navigating the Egg Donor and Surrogacy Agency World**
S, D
When someone is given the diagnosis of having an ovaries and/or gestational carrier, they often leave the fertility clinic clutching a sheet of paper with a list of agencies. How do you know which agency is best for you and what is the strategy for finding the egg donor and/or surrogate for your family? How do you know what’s best for you? The session will highlight strategies for making these important decisions. Presented by: Arthur Light, MSc, DMM, Donor Concierge

**Supporting Fertility with Acupuncture**
C
This session will give you ideas to optimize your hormonal health in order to best support fertility. We’ll discuss fertility beyond nutrition before looking at the role that supplements play in helping to choose the best products and how they work. Finally, we will cover acupuncture and Chinese Medicine can regulate menstrual cycles and why that is important when you’re trying to conceive. You’ll leave with clear, easy to implement steps to support health and fertility, no matter where you are on your journey. Presented by: Angela Bell, LAc, Acupuncture

**SESSION C**
1:55 PM - 3:10 PM

**Navigating an IVF Cycle**
T
Attorneys will learn about and discuss the legal process, including the "opt-out" process, how to manage the unexpected, and strategies for managing your own control. Presented by: Linda Gordon, MD, Women’s and Infant’s Hospital and Alan Joseph, MD, UCIH Boston

**Strategies for a Healthier You and a Healthier Fertility**
T, C
This workshop will explore ways to optimize your fertility and your treatment, including healthy nutrition and other lifestyle changes. Presented by: Allen MacDonald, LICSW, Brigham & Women’s Hospital

**Adoptive Family Panel A**
Adoptive parents share their stories, including how they made decisions along the way and why they felt it was important to share with others. Moderated by: Bobbe Diamond, PhD, private practice

**Egg & Embryo Donation: Choosing a Donor & Securing Your Parental Rights**
D
This workshop will give insight into the people who donate their eggs or embryos, as well as provide an overview on how to select the right donor for you and your unique needs. It will also address financial issues and the important steps you must take to ensure your parental rights. Presented by: Christina Matson, Esq., The Law Firm for Reproductive Equity and Sharpe & Goldenberg, Family Savings Companies

**“How Am I Going to Pay For This?”**
C
More individuals and couples struggle to pay for fertility treatment and other costs to parenthood. In this panel discussion, you will gain tips, and encouragement related to funding your family building. Presented by: Donna Fishbein, Future Within Fertility; Dr. Nitya Gupta, ACEP Scholarship Fund and Jennifer Krey, EggFund

**“What I Really Need is...”**
E
It can be a challenge to navigate your life while struggling to build your family. Trying to balance your physical and emotional needs: with medication and day to day obligations can be overwhelming. In this workshop, you will learn how to identify exactly what you need in the key areas of your life (physically, emotionally, relationships and the workplace). You will leave with skills and strategies that will help you prioritize and care for yourself. Presented by: Kevin Logue, LICSW, psychodynamic in private practice, writer and podcast host

**SESSION D**
3:40 PM - 5:00 PM

**Coping with Negative Outcomes:**
How to Navigate Next Steps
T, E
This workshop will cover how you and your partner can evaluate whether IVF cycles may not work, how and when to seek advice for future treatments, and how to process situations for coping emotionally. Presented by: Abby Alcodiec, LICSW, private practice and Adriene Over, MD, UCIH Boston

**Exploring Adeno T**
Adenomas is the presence of abnormal glands and tissue found within the muscular portion of the uterine wall. Typical symptoms associated with this uterine mass are painful periods and heavy bleeding. Adenomyosis can also be associated with infertility and pregnancy loss. Managing adenomyosis in patients trying to conceive or undergoing fertility treatment requires adequate evaluation and discussion of treatment options. This workshop will include identifying symptoms, risk factors, diagnostic modalities, potential considerations, as well as treatment strategies available to help optimize pregnancy outcomes and improve quality of life for patients suffering with adenomyosis. Presented by: TAO

**Adoption Law in New England A**
When you are building your family through private adoption, the legal aspects are critical for all involved. It is new to you, not an area along and this is the perfect workshop for you! Experienced adoption professionals will provide an overview of the legal process of private adoption in New England and answer your questions. Presented by: Sue Minch, Esq., William, Minch & Bonneau, PC, and Wally Reynolds, MJD, LCIW, Full Circle Adoptions

**Conception & Surrogacy Parents Panel D, S**
A panel of parents who have built their families through donation and surrogacy will share their experiences and answer questions. Moderated by: Alicia Abolck, LCIW, Circle Surrogacy and private practice

**Find Your People E**
Have you wondered what it is like to belong to a New England Support group? Did you want to connect with other people who GET IT? Do you want a safe a space to process the emotions of the conference day? Whether you are in your family building, you are welcome at this workshop, which will be facilitated by experienced RN peer group leaders. Led by: Judith Aronson and Emily Lindblad, Three Irish Family Education & Postpartum Care

It’s Possible: Thriving Instead of Surviving Infertility C, E
Infertility can be one of the most stressful experiences in life. You can literally not recognize yourselves at certain points during your fertility journey. Attendees will learn about anxiety and somatic stress (unhealthy meditation, changes in appetite and simple answers to easy questions). This interactive workshop will be a relaxing way to find the end and help you thrive during this challenging time instead of simply surviving. It's possible! Presented by: Lisa Werthstein, Therapeutic Movement-Associates of Connecticut, and Founder of Fertile Yoga and Laden Right

**REGISTER ONLINE NOW:**
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Financial scholarships available to cover 50% of fees from the Lisa Kass Endowed Scholarship Fund.

FOR MORE INFORMATION: resolvenewengland.org/scholarship

**CONFERENCE FEES**
(Includes Breakfast & Lunch)
$561 (one person)
$225 (two people)
A household membership is included in conference registration.

**ON-SITE REGISTRATION**
$570 Late Registration fee is added to all Conference Fees
“Lost My Confidence” ?

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**OVER 25 FAMILY BUILDING EXHIBITORS**
Excellent raffle prizes
Connect with others who “get it”

#RNE19

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